

4-H News

March Newsletter, 2025



UK Martin-Gatton
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 Food and Environment
 University of Kentucky,
 Cooperative Extension Service

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Hello, 4-H Families:

4-H Speech and Demonstration—March 27

Presenting a speech to an audience is one of the most frightening, nerve-wracking experiences one can experience. And it's also one of the best things you can do to make a positive difference in your life. When you have stood and delivered a speech, you receive the biggest dose of confidence and the knowledge that you can do it!



The 4-H Speech and Demonstration contest is the event that helps you gain the confidence and knowledge to stand and deliver. A long-standing communication skill-building tradition in 4-H, participation in speech and demonstration helps young people master communications skills of summarizing information; organizing thoughts; and delivering information in a logical order or persuasive manner.

Communications expertise is a vital skill for today's youth and tomorrow's adults. 4-H Youth Development helps youth gain communication skills and improve their quality of speech along with their association with others whether one-on-one conversation or through a job interview or delivering a key address before an assembly.

The 4-H Speech and Demonstration Contest will take place Thursday, March 27 at 6:00pm at the Montgomery County Extension Education Center. Call the County Extension Office, 859-498-8741 to pre-register your presentation for the contest by Friday, March 7. Why not give it a try?

In This Issue:

4-H Speech & Demo.....	1
4-H Teen Conference.....	2
4-H C1-C2 Teen Retreat.....	2
National Ag Week.....	2
Teen Retreat Info.....	3
Hort Invitation.....	4
Capitol Experience.....	4
4-H Teen Club News.....	5
4-H Livestock News.....	5
Meeting Dates.....	5

KENTUCKY 4-H
Cultivating
Future Farmers

Kentucky 4-H Agriculture and Animal Science programs offer hands-on learning experiences that empower young people to become future leaders in agriculture. Through a variety of exciting activities, including livestock shows, gardening clubs, and field days, youth develop critical skills like responsibility, teamwork, and problem-solving.

Ready to dive into the world of agriculture?
 Join Kentucky 4-H by contacting your local county extension office!

An Equal Opportunity Organization

4-H Camp Registration is complete now. If you did not get to register, you may be put on a waiting list so if some one cancels then you may be able to go in their place. 4-H Camp this year is June 2–6, 2025. We will again be camping with Clark County. Contact the office if you want to be put on a waiting list. 859-498-8741.



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Save the Date....4-H Teen Conference—June 9-12

4-H Teen Conference is a week long Leadership Conference held at the University of Kentucky the second week of June. The conference is for youth graduating from the eight grade through twelfth grades. Contact the office for more information.



4-H Teen Retreat—C1 & C2 - March 14 through March 16. The camp is held at the Feltner 4-H Camp. Deadline to register is March 10 and the cost is \$80 for youth and \$100 for adults. All Teens are invited to attend. Contact the Montgomery County Extension Office for more details and see more information later on in this newsletter.

National Ag Week Promotes the Importance of Ag in Our Lives

National Ag Week is the week of March 17-21. The weeklong celebration is an opportunity to recognize and support agriculture's vital role in fueling our everyday lives. For 4-Hers, it's a great opportunity to learn more about the food and farming community—showing their pride and appreciation for Kentucky's hard-working agricultural industry. The official theme for this year's celebration is "Agriculture: Together, We Grow."

Here are several ways to help spread the word and help youth share in the celebration:

Take a virtual field trip. Bring the farm and farmers to you through the "Kentucky Farms Feed Me" virtual field trip series at teachkyag.org/kyfarmsfeedme, a program of the Kentucky Agriculture and Environment in the Classroom.

Learn more about what's growing in your county. Check out the Kentucky Food and Farm website at kyfoodandfarm.info to learn what farmers are growing where you live.

- Prepare a farm-to-table feast. Serve your family a meal that highlights the quality and abundance of locally grown and raised agriculture products in Kentucky.
- Share what you know through youth group discussions. At your next 4-H club meeting, talk with your peers about what agriculture means to you and how it affects your community.

Explore agricultural career opportunities. Careers in agriculture include a myriad of jobs in food production, agricultural engineering, environmental science, animal nutrition and more. Learning about these career possibilities is a great way to support the industry's future. Visit kyagworks.org for career profiles and job quizzes.

- Thank a farmer and anyone that contributes to agriculture. Reach out to farmers and anyone you know in your community who impacts this vibrant industry. Express your gratitude for their work and contributions.
- Spread the word on social media. Your county extension office's social media pages are an excellent place to find posts you want to share/reshare. With adult guidance, 4-Hers can remind their family and friends online of agriculture's impact on their lives.

Participate in the Kentucky Agriculture Poster and Essay Contest. Share what Kentucky agriculture means to them through the written word or colorful artwork. The 2025 theme is "Kentucky Agriculture Makes Me Proud." Find entry information at kyagr.com/marketing/poster-essay-contest.html.



For more information on Agriculture Education Week, including the history, learning resources and to learn how you can get involved, visit kyagr.com/marketing/ag-education-week.html.

If you are looking for ways to celebrate National Ag Week with the young people in your life, it is easy for everyone to participate. Your County Extension Service office can connect you with agriculture-related learning activities and resources to educate others about agriculture in your community.



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TEEN RETREAT

★  CI-C2 ★ 2025  ★

FRI, MARCH 14TH-SUN, MARCH 16TH

★ COST: \$80 ★

DEADLINE: MARCH 10TH

FOR GRADES: 9-12 ★

CONTACT YOUR COUNTY 4-H ★

AGENT FOR MORE DETAILS. ★



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Disabilities
accommodated
with prior notification.

Meet the



Horticulture Agent



You're Invited

Please join the Montgomery County Cooperative Extension Service for a reception welcoming Cheyenne Lamb, our new Horticulture Agent!

Date: Tuesday, March 18, 2025

Time: 3 P.M. to 6 P.M., with a Formal Introduction at 5 P.M.

Location: Montgomery County Extension Education Center

RSVP requested, please call (859) 498-8733 by March 14, 2025

Refreshments Provided

Everyone is invited to come to the reception for our new 4-H Horticulture Agent on March 18th at the Extension Education Center Bldg. between 3:00 & 6:00. Formal introductions will be held at 5:00 pm.

The Montgomery County 4-H Awards Reception is being held on Thursday, March 6th in the Extension Education Center for those who have completed the Honors Application in 2024. Special Awards will also be given out that evening. If you would like to be a part of this celebration next year, please ask your Club Leader how to get involved in the very worthwhile event or give us a call at 859-498-8741 for a copy of the Application. It is a culmination of everything that you have accomplished in 4-H for that program year.



4-H Capitol Experience ...

Pictured here from left to right are the delegates that participated in this year's 4-H Capitol Experience. Jefferson Oldfield, Kenleigh French, Nevaeh Hall, McKenzie Richmond, Sullivan Baird, Clay Garland and Laci Sorrell. Not pictured but also attending was SidneyShea Amburgey. These youth traveled to Frankfort to get a first hand look at how the government works. They met with David Hale, Kentucky State Representative and toured the capitol building. Several other stops were made to visit Daniel Boone's gravesite and the Rebecca Ruth Candy Company. Also, attending as a chaperon was Jamie Sorrell.

4-H Teen News from Jackie Evans. The 4-H Teen Club meets every first Thursday of each month. Last month in February, they met at the Post Clinic to complete a service project. The RN on duty explained what services were offered at the Post Clinic. They also toured the facility. The Clinic is located at 35 Sterling Avenue in Mt Sterling. They offer Free Medical and Dental Healthcare Monday thru Friday from 9 am until 4 pm. They take appointments and Walk ins. The dental must have an appointment. Call 859-498-0231 for more information. If you would like to join the 4-H Teen Club, contact the Extension Office at 859-498-8741.



The 4-H Livestock Club is 4-hers Helping 4-H'er Relief Fund. They are making blankets for the flood victims. If you would like to help with this project, contact LeighAnn French, Kenleigh French or Jefferson Oldfield. Photo at right: 4-H Skillathon big winners this year. Kenleigh French & Jefferson Oldfield.



4-H TEEN CLUB
Meets on **1st Thursday**
@ 6:00 PM

4-H LIVESTOCK CLUB
Meets on **3rd Tuesdays**
@ 6:30 PM

4-H SADDLE CLUB
Meets on **3rd Mondays**
@ 6:30 PM

4-H SHOOTING SPORTS CLUB
Meets on **4th Tuesdays**
@ 6:30 PM



Sincerely,

Charles M Comer,
Montgomery County
Extension Agent for 4-H Youth Development

FOR MORE INFORMATION ON THE MONTGOMERY COUNTY 4-H PROGRAM CONTACT: CHARLES COMER
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C1-C2 AREA 4-H Teen Council
Meets **EACH MONTH on Last Monday of the Month**
@ 5:30 PM—leave from Extension Office at 4:30 pm

